

For immediate release  
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## Laser Assisted Liposuction

new technique gives patients safe, less-invasive liposculpture procedure  
with fast healing

**Virginia Beach, VA** - Board certified cosmetic plastic surgeon, Matthew Galumbeck, MD offers a safe, new technique for body sculpting that removes fat cells and improves body contours with ease and speed. Laser Liposuction uses a specifically calibrated laser to affect fat cells. When scanned over the body surface, it changes the consistency of the fat cells beneath, making them easier to remove.

Tumescent liposuction, the traditional method, is highly invasive and uses a high vacuum to scrape fat from surrounding tissues. This leads to excessive bruising, swelling, and lengthy healing times. Postoperatively, compression garments are routinely worn for six weeks.

In Dr. Galumbeck's experience there is less bruising and swelling with Laser Liposuction. He is able to obtain better shaping with the laser and quicker healing times. He has performed over 1000 laser liposuction procedures, and his patients are out of the postoperative garments in 4 days as opposed to six to eight weeks with tumescent liposuction.

"I chose to have laser liposuction with Dr. Galumbeck because I wanted an improved shape but I didn't want to have major surgery. I had my liposuction on Saturday and was back to work on Monday. The results are great!"

- client of Dr. Galumbeck

Dr. Galumbeck has performed more than 1,000 laser liposuction procedures. In male patients, the areas of the body from which fat cells are most often removed are the back and sides of the waist (love handles), stomach, and underneath the chin. In female patients, laser liposuction removes fat cells from such problem areas as the tummy, upper thighs, saddlebags and upper arms.

For both male and female patients, laser liposuction is often a component of a customized plastic surgery plan to solve an individual's unique problem. For example, a chin implant or neck lift may be combined with removal of fat cells from under chin. The "Mommy Makeover," may include a tummy tuck, breast lift and augmentation, and laser liposuction.

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*Dr. Galumbeck is a board-certified cosmetic plastic surgeon with over a decade of clinical experience, whose practice focuses on a precise range of procedures to enhance face, breast and body. Published in medical journals, Galumbeck is member of the faculty of Eastern Virginia Medical School. He is medical director of Spa Phoenix, a medical/day spa in Virginia Beach, founded in 2000. His skin care line, Skin Amnesty<sup>®</sup>, is a 'smart' skin care system developed to offer women and men a regimen to maintain the results of their plastic surgery, and potentially delay the need for further surgery, by restoring healthy skin and protecting it from environmental damage.*